



Theodore F. Dugas

July 14, 1950 - September 16, 2021

Jeff Elsass, a good friend of Ted, eloquently described Ted's unique presence with all the people he touched during his life. He will truly be missed and remembered by so many individuals.....

"Thursday, September 16, 2021 NYC, the Broadway stage, and the world, lost a brilliant shining light.

How does one ever say enough about Ted Dugas?

When I would speak of him to anyone, I would tell them, "Ted is one of NYC's treasures.

As a master of the healing arts, he saved the careers of multitudes-dancers, athletes, performing artists, top chefs, Wall Street elites, film and TV celebrities and so very many more.

While he might not have been seen physically of the Broadway stage, every stage was touched by his healing hands through the artists he treated.

I came to know Ted 30 years ago for acupuncture and massage. Like so many I recognized his genius in knowing what the body needed and how to get it moving quickly. We became friends, soul brothers, and for me he was an anchor of safety in all that is required to live life in this city.

If I ever had a physical challenge from any aspect of life, he was my "go-to". His connections to the NYC's best of the best in any field you might mention was beyond compare and through his referrals, many lives were saved.

The vastness of his cherished friendships and clients endlessly cover the globe. His passion for life, making new friends, exploring the beauty of this world, experiencing the finest in dining, and mastering anything he chose to embrace, will forever be an inspiration. Ted was also deeply devoted to his spiritual life and expressed that "when the time came", he was ready.

I look forward to seeing you again someday my friend, my brother. And until then, I shall miss you the rest of my life. Rest peacefully a while, and then sing and dance with the angels, dear Ted."

Cemetery Details

Private Cremation Services

Previous Events

Memorial Mass

APR **23**. 12:30 PM (ET)

St. Francis de Sales R.C. Church
614 Route 517
Vernon, NJ 07462

Tribute Wall

CS

“ Ted changed my life. His power to heal and care about his patients was unmatched. May he rest in peace

Chris Savarese - October 23, 2025 at 08:41 PM

AG

“ Ted was a remarkable healer, and a wonderful human. He treated me more than a dozen years ago now; his skill and care brought me back from a tough recovery during a dark time. I recently reached out to share a family update and that's how I found this news. I'm so very lucky to have known Ted, and grateful for his miracles.

Alison Granshaw - January 06, 2025 at 11:25 PM

AH

“ I just learned of Ted's passing with this post. What sad news. The healing that this man brought into my life is impossible to describe. His talent and knowledge was remarkable, incomparable even. What a unique and wonderful person, who I'm sure was loved by many and is missed greatly.

Alexis Hall - July 13, 2023 at 04:21 PM

PG

“ *In your mortal self you were divine sent. In the darkest hours you brought light and kept shining it, till all darkness was dispelled - with your healing prowess, humor and wit, with your understanding of the physical and subtle, the seen and the unseen, with stories of heaven and hell and everything in between...*

While I gave credit to your healing hands, you gave credit to the invisible helpers in the room. Thank you for having my back, for showing me what it looks like to finish strong. Your light shines on in all you healed. The skies must be lit... as Archangel Raphael welcomes his favorite. Rest well dear Ted. Dwell well in the house of the Lord forever...

Priyanka Ghosh - July 19, 2022 at 12:40 AM

FK

“ For many years while I was secretary at Our Lady of Fatima Church Ted would come in for a Mass card and since he always told stories, he would then have Masses said for those people in his stories. They would include his family and his patients. And they were funny stories, so we would laugh and laugh. It was such a joy when he came, and he would wind up having 8-10 Masses said. He was so caring!! And ALWAYS included one for his brother, Dudley.

I was fortunate to have been a part of the Rosary group in the Church parking lot. Sometimes in between the Rosary and the Divine Mercy, Ted would give us a Catechism lesson. He spoke and taught with such animation, we were all mesmerized. And then he'd sing a short song. What a beautiful voice he had!

Ted, thank you for your genuine love for all of us! You've left me with the most wonderful memories. I miss you!!

Florence Kensek

April 13, 2022

Florence Kensek - April 13, 2022 at 09:40 PM

JW

Hi, so sad to hear of Ted's passing. He was such a great human being and I enjoyed seeing him several times a year for the last 30 years. I hope he didn't suffer. If anyone has any information about what happened I guess I would just like to know.

james walsh - April 28, 2022 at 12:48 PM

NM

Hi James, I also enjoyed seeing him for the last 10years and I am still trying to find out what happened. I saw him last time a couple of weeks of his passing and didn't notice anything. But on Sep 8th he sent me a text message canceling an appointment because he was having contractor issues and that was the last time I heard from him . He was a great healer and an extraordinary human being. Rest in Peace my dear friend!

Nicolas Lopez Muniz - April 28, 2022 at 03:43 PM

DJ

I am devastated by the news about Ted. We travelled to Cuba and Bali together to explore our love of photography and Ted's love of food. We had great conversations about life. I texted with him in early September and that was it. I recently went on a trip to the Atacama desert and thought how much Ted would have loved it. I would love to know what happened. Rest In Peace!

Dianne Jennings - May 11, 2022 at 10:08 PM

JG

“*Ted was a prayer warrior. During Covid he started a Rosary and Divine Mercy Group. Together friends would meet in the parking lot of Our Lady of Fatima in Highland Lakes as we prayed daily to end the crisis and for people to turn back to Our Lord. Ted was a shy and gentle man who shared his faith and an abundance of his fabulous food with us. We are blessed to have known him and to have shared our lives with him. Ted was full of fun. The last Easter our little group spent together consisted of an Easter egg hunt with prizes all organized by Ted. We miss him terribly but know that he is where he wants to be, on a journey with Christ! Love you , Ted! Miss you lots! Jeannie and Roger*

jean Orso Grey - March 26, 2022 at 02:09 PM



Hello All,

I was also touched by the healing hands of Ted and he actually saved my life last year in August and September from a terrible contraction of mold which triggered my asthma beyond...(now I'm learning right before He passed).

I had been writing to him and had a sinking feeling something bad happened when I did not hear back. Now to find this! I am writing to understand what happened as he was a very close and important healer to me.

He is absolutely in heaven showering us with reminders... he deserves a garden of beauty up there.

If anyone has any information, it would help resolve the pit in my core. This is incredibly sad. My email is bfli8@aol.com

Thank you!

Jaime Verazin - May 30, 2022 at 02:19 PM

AN

My name is Andrew Nagin and I've been a good friend of Ted's since first meeting in 1982. We were roommates for a number of years until 1986 but remained in close contact in the years that followed and I can't begin to tell you all how much this troubling me to find this wonderful friend of mine has left this earth and that I wish I had seen Ted before his death in the early summer but was very ill and had to cancel . I'm so devastated by this news and if anyone would please , when time permits , please let me know how this happened to my friend of many years and has filled my life with so many fond memories . Ted, I know you were preparing for the next chapter for sometime now, but the sadness and loss I'm feeling at this moment is numbing. Fly high my dear friend. I love you and thank you for being past of my life for so very long . I've been blessed just from knowing you . Rest in peace Teddy.

Andrew Joseph Nagin - June 26, 2023 at 01:47 AM

TM

i was shearing place with him in brasil during vacation and it was real warming time to stay with him and then spent some time in nyc at his place.what a great man...

Tomaz Miletic - December 07, 2024 at 02:58 PM

EB

Does anyone know what caused Ted's passing?

Edward A. Brazo - March 15 at 01:37 PM