



Marilyn Frances Carrock Gaal

August 25, 1966 - January 24, 2016

Raleigh, North Carolina- Marilyn Carrock Gaal, age 49, passed away on Sunday, January 24, 2016 at Rex Hospital in Raleigh, North Carolina. Born in Teaneck, Marilyn was raised in Paramus and had lived in Hillsdale and Stockholm before moving to Raleigh, North Carolina. She was a dedicated social worker who worked with developmentally disabled persons and a medical assistant. Her passion was to help people. She was an avid member of Odyssey Gym in Waldwick and Lifetime Fitness in Raleigh. Marilyn was predeceased by her mother, Theda (Tuttle) Carrock on August 12, 2009. She is survived by her husband, Richard Gaal of Raleigh and her father, Fred Carrock of Paramus. Graveside funeral services will be held at 11 a.m. on Friday, January 29, 2016 at Tappan Reformed Church Cemetery, Tappan, NY. Friends may pay their respects to the family on Thursday, January 28, 2016 from 5-9 p.m. at Frech-McKnight Funeral Home, 161 Washington Avenue, Dumont. Funeral arrangements have been entrusted to the Pinkel Funeral Home, 31 Bank Street (Route 23), Sussex. Online condolences may be offered to the family at www.pinkelfuneralhome.com

Tribute Wall

JC

“ Rich, I am so sorry for your loss. I never personally met Marilyn but from interacting with her on Facebook I became aware of just how unique and exceptional she was. She was very open and sincere. I am sure that heaven is now blessed with her presence just as she blessed us while here on earth. May we all see her again one day in that place that is pure loving Light and where there is no sorrow or pain.

John Camara - January 30, 2016 at 07:41 PM