



## Helen M. Sawruk

April 9, 1967 - December 30, 2021

Wantage - Helen M. Sawruk, age 54, passed away on Thursday, December 30, 2021 at Morristown Medical Center. Born in Hackensack on April 9, 1967 to the late Sylvester and Ethel (Wilkins) Grieco, Helen lived in Garfield before moving to Sussex County 24 years ago. She had been employed by Juki Enterprises in Wayne as a data entry clerk. Besides her parents, she was predeceased by her brother, John Grieco. Helen is survived by her loving husband of 42 years, Matthew; her daughter, Sabrina Turner and her husband Michael of Wantage; her son, Josh Grieco and his wife Kristine of Wantage; her brothers, Dillman, Christopher, and Angelo Grieco; her sisters, Bernice O'Connell, Romana Little, and Carolann Zalewski; her three grandchildren, Jackson, Lucas, Karson, and Rosalina who is expected to be born on April 19, 2022. Funeral services will be held at 7 p.m. on Wednesday, January 5, 2022 at the Pinkel Funeral Home, 31 Bank Street (Route 23) Sussex. Friends may pay their respects to the family prior to the service from 4 p.m. to 7 p.m. at the funeral home. In lieu of flowers, please consider a memorial donation in Helen's memory to help defray funeral and medical expenses at <https://gofund.me/56cc2a38>

Online condolences may be offered to the family at [www.pinkelfuneralhome.com](http://www.pinkelfuneralhome.com)

# Cemetery Details

**Private Cremation Services**

## Previous Events

### Visitation

**JAN 5.** 4:00 PM - 7:00 PM (ET)

Pinkel Funeral Home, Inc.  
31 Bank Street (Route 23)  
Sussex, NJ 07461  
(973) 875-3272  
alexis@pinkelfuneralhome.com  
<https://www.pinkelfuneralhome.com/>

### Service

**JAN 5.** 7:00 PM (ET)

Pinkel Funeral Home, Inc.  
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# Tribute Wall



“ *All our love Emily and Annette Notaro purchased the Enchanted Cottage for the family of Helen M. Sawruk.* ”



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**All our love Emily and Annette Notaro** - January 05, 2022 at 12:10 PM



“ *Beautiful in Blue was purchased for the family of Helen M. Sawruk.* ”



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January 04, 2022 at 07:03 PM

MH

“Helen Sawruk my loving and caring wife for 42 years was an unselfish and giving person she took 3 Children her Nephews and Niece Joshua, Thomas, and Kara under our roof and provided a stable and secure home while I went to work and paid the bills .My wife was blunt and to the point she never sugar coated anything if she didn't like you or trust you she would let you know right away.She made especially sure that the children including my daughter Sabrina that they did the right things along with their school work and activities.my wife had a special love for Hummingbirds and Butterflies that she loved to watch along with dogs and cats we've had over the years and even put up with me having 2 domestic rats.She was full of love and life and loved everything about family she always steered me down the right path so I would not make a mistake in anything I did or make a suggestion in people I had delt with.She was very wise and a little clairvoyant she was mostly 99% correct in what she told me and my daughter and what she would warn us about.She did her best as a Mother,Aunt and Grandmother (NaNa).She deaply unconditionaly Loved our Grandchildren Jackson.Lucas,Karson,and our Granddaughter Rosalina that's expected in April.If you pissed her off or lied to her it took along time for her to let it go she would know when you were not being honest with her.When being pregnant with my daughter she had gotten gestation Diabetes and it never went away and just escalated her illnesses.But even how sick she was she still provided love and caring to our grandkids.I didn't think in my mind and heart that she would pass away at this time like she did .I thought we had more time together and at least see her granddaughter born and enjoy my resent retirement with me.It was a big shock to me,my daughter and my family when I had to tell them what happened.I was talking to her about 30 minutes before I got the the tragic call.She was on dyalis and I asked her how she felt and she said ok and was getting released after dyalis .I said ok call me when you get the release papers and I'll come and get you she said ok and I said I love you and she said the same thing back. Yioucan love your parents to a certain degree but the love for your spouse and child is more intense and for us was unconditional

*.I will greatly miss her. for the time being I have left on this earth and know when my time is up we will back in each other's arms together again for eternity! I thank everyone for their help and unbelievable generosity to me and my family in this tragic event that happened to my unselfish, loving and caring wife Helen.*

**Matthew J Sawruk (Helen's Husband)** - January 04, 2022 at 06:46 AM

BE

*Beautiful Matt!*

*I am gona miss my lil sis for the rest of our lives... We Love You ❤️💔*



**Bernice** - January 04, 2022 at 11:03 AM

MH

*Thanks*

**Matthew J Sawruk (Helen's Husband)** - January 04, 2022 at 09:37 PM

RO

*Beautifully said Bro! Love ya man....*

**Rob** - January 04, 2022 at 10:05 PM

MH

*Thank you !!m FUBAR it sucks*

**Matthew J Sawruk (Helen's Husband)** - January 05, 2022 at 05:52 AM